



Michaelo
Balcázar



New Family Advocate Joins MHA and NAMI South Santa Barbara County

We recently welcomed our new Family Advocate, Michaelo Balcázar. Michaelo provides free, confidential support services in English and Spanish to families affected by a loved one's mental illness. He has over five years of experience in providing crisis support, having worked as a family advocate for Transitions Mental Health in Santa Maria and responding to crisis situations at the Sansum Clinic in Santa Barbara. He has also held positions in sales and as a reporter for *El Mexicano* and the *Goleta Valley Voice*. Michaelo holds a degree in Computer Science from the University of California, Santa Barbara and is currently working towards a master's degree in Clinical Psychology at Antioch University. He has served as a volunteer for the Braille Institute and assisted with the English as a Second Language program for the blind.

To contact Michaelo, please call
(805) 884-8440 x105



NAMI South Santa Barbara County is a chapter of the state and national NAMI organizations. Locally NAMI operates as an auxiliary of the Mental Health Association. NAMI members assist with MHA programs for consumers and families, including the teaching of a free 12-week Family-to-Family education series, offered twice a year in the spring and fall. Contact our Family Advocate at 884-8440 to inquire about the classes.

